

Products To Discontinue Before Surgery

Please review this list carefully

It is important to discontinue blood thinners at least one week prior to any procedure. Aspirin, arthritis medicines, cold remedies, and other drugs containing aspirin can cause excessive bleeding during the surgical process. The list below is not a complete list of aspirin containing products or otherwise prohibited products, so be sure to check all medications you might take to see if they contain aspirin.

Note: Do not take any of the following products for at least one week prior to your procedure without checking with our doctors first. If you have any questions, or are medically required to take these products, notify us, or confirm with your doctor that it is okay to stop in anticipation of your procedure.

Advil	Energy Drinks**	Mobic
Aggrenox	Enteric	Motrin
Alka Seltzer	Ephedra	Naprosyn
Anacin	Excedrin	Norgesic
Appetite Suppressants**	Fiorina	Nuprin
Arthritis Pain Formula	Fish Oil	Pentasa
Ascription	4-Way Cold Tablets	Pepto-Bismol
Aspirin Tablets	Garlic Supplements	Pradaxa
Bayer	Ginger Supplements	Propoxyphene
Bufferin	Ginko Biloba	Saw Palmetto
Cama Arthritis Reliever	Glucosamine	St. Johns Wart
Celebrex	Goldenseal	Triogesic
Chondroitin	Ibuprofen	Valerian
Coricidin	Indocin	Vanquish
Doans Pills	Kava	Vicoprofen
Echinacea	Milk Thistle	Vitamin E
Ecotrin Empirin Compound	Midol	



GOTHAM
PLASTIC SURGERY

Note: Tylenol for pain and a multivitamin is fine.

** Energy Drinks, Appetite Suppressants can contain ephedrine which acts as a stimulant, these should be stopped at least 3 days before a scheduled procedure.